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See Page 23 for details.

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Local page 4

2010 graphics unveiled

Food page 18



Crisp you'll crumble over

Celeb page 26

Kate glad for raunchy role



Style pages 19, 20

Strutting into fall's hot looks



Election 2008 page 8

- Liberals, NDP roll out social spending plans
- May presents Green party platform
- Tory minister sorry for inappropriate remark



No. 1 **Miller among a million**



Vancouver resident and star of Corner Gas Gabrielle Miller reads an edition of Metro Vancouver on set. A 15 per cent increase in daily readership in Vancouver has helped Metro Canada surpass the one-million-reader mark for the first time. According to results released yesterday by the Newspaper Audience Databank (NADbank), Metro Canada now reaches 1,091,800 readers, further strengthening its position as the No. 1 free daily in the country. Details, page 4.

Boy injured in sushi crash speaks after coma

ACCIDENT A nine-year-old boy who was seriously injured when a truck crashed into a Maple Ridge sushi restaurant has spoken for the first time since the accident.

Joel Corbin has been in a coma since Aug. 28, when Brian Craig Irving allegedly drove his truck into the restaurant, killing two diners and injuring six others.

On Monday, Corbin asked his father, who was getting ready to leave his Vancouver hospital room, if he could go too.

His uncle, John Finley, said Corbin's parents are overjoyed.

"It was the first good news we've had since the tragic incident," he said.

METRO VANCOUVER

May sorry she hasn't smoked pot

APOLOGY Green Party Leader Elizabeth May, unveiling an election platform that includes a proposal to legalize marijuana, apologized yesterday for not having smoked pot.

"I am not a fan of marijuana use. I have to confess this — I know all politicians are asked. I've never used marijuana. I apologize," said May, who won extra attention this year by being allowed to join the televised national leaders' debates.

The Greens' platform proposes to allow the sale of marijuana to adults through licensed distribution outlets, generating about \$1 billion annually in taxes.

REUTERS

MORE COVERAGE PAGE 8

Larsen resigns as NDP 'not campaigning on coca plants'

JEFF HODSON
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The co-founder of the B.C. Marijuana Party resigned yesterday as the federal NDP candidate for the West Vancouver-Sunshine Coast riding.

Dana Larsen, 37, resigned after questions about his involvement in the Vancouver Seed Bank and Tokers Lounge on East Hastings

Street. He used to manage the retail outlet, which sells seeds of rare and medicinal plants, including coca plants, the basis for cocaine.

He is no longer associated with the store and according to an employee coca seeds are not stocked anymore.

"We're not campaigning on coca plants," said Gerry Scott, B.C. campaign manager for the federal NDP. "It wasn't acceptable. It was a

distraction and that's the end of it."

The party will select another candidate "as soon as possible," Scott said.

Larsen ran as a member of the Marijuana Party of Canada in 2000 and as a member of the B.C. Marijuana Party in 2001. He also wrote a book called *Hairy Pothead and the Marijuana Stone* and authored the *Pot Puzzle Fun Book*.

NDP Leader Jack Layton,

who was campaigning in Ontario yesterday, told reporters he didn't know why Larsen's background wasn't more thoroughly investigated before the NDP accepted him as a candidate.

He added that Larsen himself decided he wasn't a suitable choice and that the NDP accepted that decision.

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Flooded washroom docks ferry

B.C. Ferries pulled the Queen of Oak Bay out of service between Vancouver and Victoria because of a sewage back-up yesterday. A cleaning team had to address health concerns after a men's washroom flooded. **SOURCE: CKNW.COM**

3

Local



No MLA run for Sullivan

Vancouver Mayor Sam Sullivan said he would not seek political office as an MLA. Sullivan denied rumours he may dabble in provincial politics when his term as mayor ends in November.

SOURCE: CBC NEWS ONLINE



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ROGERS

Jewelry heist one of city's biggest

ROBBERY Police said yesterday that the "brazen" robbery of a Vancouver jewelry store was one of the largest heists in the city's history.

Three men stormed into Birks Jewelers at Hastings and Granville streets shortly after 4 p.m. on Tuesday, and demanded staff and customers huddle in a back room.

"The suspects, one wielding a hand gun, then smashed display cases and stole an undetermined quantity of jewelry before running off eastbound along West Hastings Street," said Const. Jana McGuinness.

No one was injured, but police said victims were shaken when officers arrived.

Investigators are looking at surveillance video from inside the store in the hope of identifying the suspects.

Anyone with information is asked to call Vancouver Police or Crimestoppers.

KRISTEN THOMPSON/
METRO VANCOUVER

ShareYourViews

vancouverletters@metronews.ca

Breeder offers new pup

KRISTEN THOMPSON
kristen.thompson@metronews.ca

A 12-year-old Quadra Island boy has been given a new Jack Russell terrier, nine-week-old Leo, to replace the puppy that was shot and killed earlier this week.

White Rock dog breeder Lois Clough, who sold Seymour to Max Rose's family, said yesterday they had adored the puppy, which was a gift to celebrate the end of Max's brain cancer treatment.

She offered to give them a new dog after hearing 4-month-old Seymour had been shot on Saturday after chasing a pair of hunters who were walking by the family's home.

Clough said she was devastated when Max's father, Nick Rose, e-mailed her with the news.

"I couldn't move. I was sitting at my desk reading (his e-mail) and reading it again. I thought, this can't



Jack Russell breeder Lois Clough holds up 10-week-old Leo at her Surrey farm yesterday. The puppy was chosen by Max Rose, 12, to replace the one killed by a hunter on the weekend.

possibly have happened," she said.

"Sometimes something comes along in your life giving you a chance to make (a bad situation) better and you pay it forward," Clough added. "How can you not?"

"The (Roses) were very thankful (for Leo). They

were blown away by the support the whole community has shown them. Everybody's really rallying around them and they're quite touched."

On Monday night, Cody Wellard, 31, turned himself in to Westshore RCMP and said the shooting was an accident.

Seymour

- Seymour was also a replacement for another dog that had recently died.
- Quadra Island RCMP is recommending that Wellard be charged with careless use of a firearm and endangering an animal, said Peterson.

News in brief

BLAZE A propane torch was used to ignite a fire that killed an East Vancouver Congolese family two years ago, a police investigator told a B.C. Supreme Court jury yesterday. Prosecutors argue that Nathan Fry started the fire as revenge against one of the occupants of the house.

CONVICTION A man who killed another man with a piece of rebar near Tinseltown has been convicted of manslaughter and will spend a year in jail, cknw.com reports. Jairo Barrientos said he hit the man because he allegedly attacked his girlfriend. **METRO NEWS SERVICES**

metronews.ca

What's online today.

Watch Agriculture Minister Gerry Ritz as he's confronted for making jokes about the listeria outbreak at www.metronews.ca/canada
Check out Metrotube of the Day for Canada's take on "I've Got a Crush on Obama"

Lotteries

Lotto 6/49 7, 9, 17, 23, 27 and 32. Bonus 22. These results are not official.

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A pilot program in Metro Vancouver hospitals is reducing lengthy waits in emergency wards. Health officials said wait times have fallen 25 per cent even though emergency admissions are up. **NEWS1130.COM**

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**SATISFACTION
OR MONEY BACK**

Metro is once again the fastest-growing daily local newspaper in Vancouver.

With 143,900 readers doing it daily and 349,900 weekly, Metro's upswing continued in key demographics, according to the 07/08 study released yesterday by the Newspaper Audience Databank (NADbank).

While Metro surged, the local paid dailies lost readers when compared to the interim NADbank 06/07 data released in September of 2007.

- Metro Vancouver daily readership increased by 15 per cent.

Readership highlights

- Fifty-three per cent increase in readers aged 18 to 34.
- Ninety-five per cent increase in readers with a household income greater than \$75,000.
- Nineteen per cent increase in readers who are university graduates.

- 24 hours daily readership increased by eight per cent.
- The Vancouver Sun lost 10 per cent of its daily readers.

- The Province lost six per cent of its daily readers.

Maryse Lalonde, Metro Vancouver publisher, said she's thrilled to see this kind of year-over-year growth.

"Our goal has been to be-

come a staple in young urbanites' lives, so these results validate the choices we've made in how we reach them and what content is relevant to them," Lalonde said.

"With ongoing distribution and product development strategies in place, combined with the re-launch of our web site earlier this spring, we're confi-

dent we'll continue to play an essential role in people's daily lives for months and years to come."

Across Canada, Metro now reaches 1,091,800 readers every weekday, and 2,253,200 readers weekly in Montreal, Ottawa, Toronto, Calgary, Edmonton and Vancouver.

That's a 26 per cent increase over NADbank's 2006-07 numbers — or 223,600 more weekday Metro readers.

Metro Canada launched Metro Halifax in February. Readership results for Metro's coast-to-coast coverage will be available in March. **METRO VANCOUVER**



A panel showing the colours and graphics of the 2010 Games is unveiled at Canada Place yesterday.

2010 has West Coast appeal

JEFF HODSON
jeff.hodson@metronews.ca

Waves of blues and greens with graphics and textures reflecting the urban and natural environments of the West Coast will be the look of the 2010 Games, VANOC announced yesterday.

The so-called "graphic identity" of the games will

be found on merchandise, uniforms, banners and even building wraps. The look will form the "visual story and backdrop of the Games," said Ali Gardiner, Vanoc's director of brand and creative services.

The colour palette, mainly blues and greens with names like "moss" and "mist," was inspired by the Sea-to-Sky corridor, she said. The 25 different tex-

tures, including brick, wood-grain and ferns, represents a merging of urban and natural environments.

The designs also incorporate a number of images, like a tree with a traffic light emerging from a branch and a floatplane with dragonfly wings.

VANOC also unveiled the pictographs that will be used for the various sporting events.

VANOC says Cirque split not about creative control

Business commitments, not a fight over creative control, led to Canada's premier acrobatic theatre troupe being bounced from the opening and closing ceremonies of the 2010 Winter Olympics, the Vancouver Olympic Organ-

izing Committee said yesterday.

Quebec-based Cirque du Soleil, which has wowed audiences around the world for the past 24 years, withdrew from the planning process last fall because of "business pres-

sures," VANOC executive vice-president David Guscott said yesterday.

A media report yesterday suggested Cirque and VANOC split over creative control.

"Creative control did not come up in the whole

process," Guscott said. "What they told us was they were launching new products, they were striking in new directions, bigger corporate directions, and couldn't devote the time to do it." **JEFF HODSON/METRO VANCOUVER**

Package olympic deal for Games

2010 The best chance to see a specific event during the 2010 Winter Olympics will be through one of 58 'Olympic Experience Packages,' Vanoc said yesterday, as they unveiled further details of their ticketing program that begins Oct. 3.

"We have to seat packages first," said Caley Denton, vice-president of ticketing and consumer marketing. "Within that price category, a package would have a benefit over a single session."

So, fans interested in watching the men's gold medal hockey game might have a better chance with a \$1,125 package that includes the giant slalom snowboard final and the closing ceremonies.

The ticket packages contain between three and six events and range in price from \$140 to \$1,267 and are broken down along geographical and chronological lines.

The ticket purchasing begins with a request period from Oct. 3 to Nov. 7. People can order anytime within that period and have an equal chance of getting tickets. **JEFF HODSON/METRO VANCOUVER**



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H&M

One of six men who escaped from a Regina jail last month has been apprehended, the RCMP said last night. Daniel Wolfe, 32, was arrested in Winnipeg, the RCMP said. He is the second-last convict to be recaptured following a prison break at the Regina Correctional Centre on Aug. 24. **CBC NEWS ONLINE**

Canada



Ontario man Tasered, dies

A 42-year-old Brampton, Ont., man has died several hours after being Tasered during a struggle at a Peel police station. Sean Reilly went into medical distress and was rushed to a Mississauga health centre where he died yesterday at 4:45 a.m. Ontario's Special Investigations Unit is now probing the in-custody death and has named four officers as subjects of their investigation. **TORSTAR NEWS SERVICE**

Alleged drug lord busted

Coluccio called 'King of International Drug Trafficking'

The image of former Toronto resident Giuseppe Coluccio has been splashed throughout the Italian media over the past 24 hours as American authorities announced one of the largest international drug busts in history.

Coluccio, who lived in the Toronto area under the alias of "Joe Scarfo," was dubbed the "King of International Drug Trafficking" when American and Italian authorities yesterday announced the arrests of 507

deported

Coluccio, 41, was deported from Canada three weeks ago and is being held in an Italian prison awaiting trial on a series of outstanding trafficking charges.

of his alleged associates.

The Coluccio investigation was part of a larger operation which has resulted in mass arrests in Italy, the United States and Mexico. "He's one of the leaders

of the consortium that was the target of this operation," said organized-crime expert Antonio Nicaso, who has lectured police forces on international crime.

"Canada was one of the destinations of the cocaine," Nicaso said.

Authorities say Coluccio's group was linked to an organization in Atlanta, which co-ordinated the transportation of truckloads of drugs and millions of dollars in currency.

TORSTAR NEWS SERVICE

Montreal On the hustings



Liberal candidate Justin Trudeau, left, campaigns yesterday in his Papineau riding of Montreal. Trudeau, as well as Mustaque Sarker of the Tories and Ingrid Heine of the Green Party, are trying to unseat incumbent Vivian Barbot of the Bloc Québécois.

GABRIELLE MONTAGNE/GETTY IMAGES

Police nab 17 in bawdy house sting

OTTAWA Area police co-operated to arrest 17 people after nine common bawdy houses were busted in Gatineau, Que.

With the help of Ottawa police and the Canada Border Services Agency, Gatineau police arrested 17 people, including 13 women and four men.

"The Ottawa police and CBSA helped to identify the people," Gatineau Police Const. Isabelle Poirier said.

All of the suspects are Asian and between the ages of 30 and 40 years old.

They face charges of possession of stolen goods, being in a common bawdy house and holding a common bawdy house.

TRACEY TONG/METRO CANADA

Toronto shooting victim charged

BENDALE The 16-year-old who was shot in a botched robbery attempt on Tuesday was charged yesterday with armed robbery.

Mike Deicis, an 18-year-

old, was also charged with armed robbery and failing to comply with a recognition. Detectives are searching for two more suspects. **TORSTAR NEWS SERVICE**

News in brief

AFGHAN MISSION A financial watchdog is pledging to release his report into the costs of Canada's Afghanistan mission as soon as it is ready, although he's making no

promises it will be public before election day. But opposition politicians want the parliamentary budget officer to ensure his report is released before the Oct. 14 vote.

HEALTH Ontario will today announce \$21 million to fuel health research in the province. More than 100 projects will get a boost in funds.

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In the past 50 years, Canada has had eight minority governments: In 1957-58, 1962-63, 1963-65, 1965-68, 1972-74, 1979-80, 2004-05, and the government resulting from the January 2006 election. **ELECTIONS CANADA**

Election 2008



Billions pledged for families

Liberals, NDP roll out philosophies for social spending programs

It was family day on the campaign trail yesterday as the Liberals and New Democrats rolled out multibillion-dollar commitments for education and child care.

Prime Minister Stephen Harper's pledge was much more modest: He promised new measures to discourage children from accessing tobacco by banning additives such as cotton candy flavouring in tobacco products, and requiring cigarillos to be sold in larger quantities. He also condemned the opposition parties for

proposing costly programs he says the country cannot afford.

"Billions and billions of dollars every single day, all to be financed with taxes," Harper said.

The pledges highlighted the contrast in social spending philosophies of the opposition parties and the incumbent Conservatives.

NDP Leader Jack Layton promised to make universal day care the free health care of this century by enshrining it in law with a program that would cost \$1.45 billion in the first year.

Tory announcement

• The Conservatives quietly made their own big-ticket announcement yesterday, confirming \$1.9 billion already

earmarked in the last federal budget to renew housing and homelessness programs over five years.

"I believe our child-care program will be as important to building Canada in this century as medicare was to building it in the last century," Layton told reporters at a day care in Toronto as toddlers played nearby.

Later in Kitchener, Ont., the Liberals revived their

dream of a national child-care plan from three years ago, bringing Liberal incumbent Ken Dryden (York Centre), who developed a national child-care plan as minister of social development for former prime minister Paul Martin, to help make the announcement. The annual cost of their

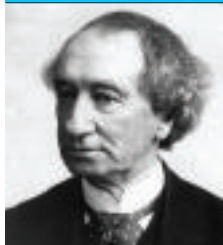
plan would rise to \$1.25 billion over a four-year period.

Dryden criticized the Conservative government for scrapping the Liberal child-care plan and replacing it with a \$100 monthly child tax credit. But when his leader came to the podium, it was clear the Liberals had decided to walk down the middle, offering both a national child-care plan and a tax credit.

TORSTAR NEWS SERVICE

OnlineVideos
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List



Sir John A. Macdonald

Prime ministers through the years

- Stephen Harper (2006 to present)
- Paul Martin (2003-06)
- Jean Chretien (1993-2003)
- Kim Campbell (1993)
- Brian Mulroney (1984-93)
- John Turner (1984)
- Pierre Trudeau (1980-84)
- Joe Clark (1979-80)
- Pierre Trudeau (1968-79)
- Lester (Mike) Pearson (1963-68)
- John Diefenbaker (1957-63)
- Louis St Laurent (1948-57)
- William Lyon Mackenzie King (1935-48)
- Richard B Bennett (1930-35)
- William Lyon Mackenzie King (1926-30)
- Arthur Meighen (1926)
- William Lyon Mackenzie King (1921-26)
- Arthur Meighen (1920-21)
- Sir Robert Borden (1911-20)
- Sir Wilfrid Laurier (1896-1911)
- Sir Charles Tupper (1896)
- Sir Mackenzie Bowell (1894-96)
- Sir John Thompson (1892-94)
- Sir John Abbott (1891-92)
- Sir John A Macdonald (1878-91)
- Alexander Mackenzie (1873-78)
- Sir John A Macdonald (1867-73)

METRO NEWS SERVICES

Hot water



Gerry Ritz

Tory MP sorry for 'tasteless' jokes

COMMENTS Federal Agriculture Minister Gerry Ritz was forced to apologize yesterday for "tasteless and completely inappropriate" jokes on an Aug. 30 government conference call during the listeriosis crisis.

"This is like a death by a thousand cuts. Or should I say cold cuts," Ritz quipped after fretting about the political dangers of the crisis.

And when told during the conference call about a new death in Prince Edward Island, Ritz remarked: "Please tell me it's Wayne Easter."

Easter, the Liberal MP for the P.E.I. riding of Malpeque, is his party's critic shadowing Ritz's Agriculture Department.

Both Easter and NDP Leader Jack Layton called for the minister's resignation last night.

TORSTAR NEWS SERVICE

May Looks Forward with Green vision

PLATFORM The Green party promises to significantly cut greenhouse gases, give tax breaks to businesses and low-income earners, and increase the GST to fund infrastructure projects.

The pledges were contained in an election platform released by party leader Elizabeth May in Halifax yesterday.

The platform focuses on the so-called "green tax shift," which uses money from new taxes on greenhouse gas emissions to fund tax cuts and reduce poverty. The result, according to an independent economist who crunched the numbers, would be a \$10.9-billion budget surplus in the first year, May said.

"I'm sure people know we have a vision of a better world. What I think may surprise people is that it's grounded in practicality," May said in a telephone interview.

The eight-page platform, called "Looking forward: A fresh perspective on Canada's future," is a condensed version of the party's 160-page Vision Green policy document, posted on its website be-



Green party Leader Elizabeth May holds up a copy of her party's platform book yesterday during a rally in Halifax.

Billions in revenue

• The carbon tax, May said, would raise about \$35 billion in revenue. Employer payroll taxes would be cut and a \$50

corporate tax reduction would be given for each tonne of carbon emission reduced.

fore the Oct. 14 election was called.

It emphasizes new and expanded social programs such as universal

child care, suggesting the party's main target are voters also courted by Liberals, New Democrats and the Bloc Québécois.

The Greens promise to cut greenhouse gas emissions to 30 per cent below 1990 levels by 2020, and 80 per cent by 2050. This would partly be achieved, the platform says, with a \$50-per-tonne tax on carbon emissions.

That would add 12 cents to a litre of gas at the pumps.

TORSTAR NEWS SERVICE

News in brief

EDUCATION Liberal Leader Stéphane Dion yesterday announced hundreds of millions of dollars in grants and student loans to assist college and university students struggling with the high cost of post-secondary education. It's part of a four-year, \$1.2-billion plan that Dion said a Liberal government would introduce to help students.

TORSTAR NEWS SERVICE

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Metropolis at Metrotown – kiosk

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Cottonwood Mall

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Coquitlam Centre

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First Pro Cranbrook

DELTA
Scottsdale Centre
FORT ST. JOHN
8820 – 100th St.

KAMLOOPS
Aberdeen Mall
Inside Real Canadian Superstore
Lansdowne Village
Sahali Centre Mall

KELOWNA
948 McCurdy Rd.
Dilworth Shopping Centre
Orchard Park

LANGLEY
Walnut Gate

Willowbrook Corner
Willowbrook Mall
MAPLE RIDGE
Haney Place Mall

NANAIMO
Country Club Centre
Woodgrove Centre

NEW WESTMINSTER
Queensborough Landing

PITT MEADOWS
Meadowtown Centre

PENTICTON
Peachtree Centre

PRINCE GEORGE
Pine Centre
QUESNEL
259 Reid St.

RICHMOND
3675 Westminster Hwy
Aberdeen Centre
Blundell Centre
Richmond Centre
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SURREY
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Guildford Town Centre

Nordel Crossing
Panorama Village
Semiahmoo Shopping Centre

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2154 West 4th

2315 West 41st

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World/Business

Livni wins by 1.1 per cent

Israeli foreign minister to lead Olmert's Kadima party

Tzipi Livni was narrowly elected leader of Israel's ruling party and vowed yesterday to start work immediately on forming a new coalition that will let her succeed the scandal-hit Ehud Olmert as prime minister.

After a tense night of counting following exit polls that showed the foreign minister cruising to a big win, officials said the final margin over Shaul Mofaz, a former general who is now transport minister, was just over one percentage point.

The final result was a relief to Livni, a 50-year-old lawyer, who had declared victory to supporters hours earlier.

"The good guys won," the one-time intelligence agent had told supporters within the centrist Kadima party.

Party spokesman Shmuel Dahan put the fi-



Israel's Foreign Minister Tzipi Livni arrives to cast her ballot at a polling station in Tel Aviv.

nal result at 43.1 per cent for Livni to 42.0 per cent for Mofaz — a huge swing from the 10- to 12-point margins shown in exit polls. Two other candidates trailed well behind.

Facing what are likely to be complicated talks with

potential political partners, Livni said: "Tomorrow, I will begin meeting with representatives of the factions in order to form quickly a coalition that can deal with all of these challenges that lie ahead."

Olmert has said he will

resign as soon as Kadima has a new leader, but the outgoing premier, who could be indicted for corruption, has also vowed to use his right to stay on in a caretaker capacity until Livni forges her own coalition government. REUTERS

Business

Investors fear U.S. losses, TSX bearish

Toronto's premier stock index closed in bear market territory and at a two-year low yesterday as investors punished financial stocks amid concerns that Canadian insurers and banks could face steep losses over their exposure to the decaying U.S. financial industry.

New York's benchmark exchange, meanwhile, fell almost by more than 450 points as traders panned the U.S. Federal Reserve's massive \$85 billion U.S. bailout of cash-strapped insurance giant American International Group Inc. That came as a high-ranking Standard & Poor's official suggested the rescue plan had "weakened the fiscal profile of the United States."

But gold shares glistened

"The fear is still palpable out there."
David Chapman

as bullion prices recorded their biggest one-day gain ever in dollar terms.

Toronto's S&P/TSX composite index lost 349.3 points to 11,877.69 yesterday. The index has fallen 21.19 per cent from its June 18 record high of 15,073.13.

"The fear is still palpable out there. We are probably at — or near — a temporary low," said David Chapman, a technical strategist with Union Securities Ltd. "The events of this past couple weeks or so have just been mind-spinning."

TORSTAR NEWS SERVICE

News in brief

TURKEY The Image Hotel on Turkey's Mediterranean coast has fired all its male staff for repeatedly having affairs with foreign female guests, said manager Pelin Yucel yesterday. She said her 27-room hotel now only employs female staff. Most of the guests are British and Russian tourists.

ECONOMY Russian markets are paying a big price for Moscow's "reckless" decision to invade Georgia, which spurred capital to flee Russia, a senior U.S. official said yesterday. Russian markets have lost nearly a third of their value, undersecretary of state for political affairs William Burns said. The rouble has depreciated nearly 10 per cent since Russia crushed Georgia's attempt to retake South Ossetia last month.

CHEFS Celebrity French chef Jean-Georges Vongerichten has agreed to settle a lawsuit over tips filed by waiters at his swank New York restaurants for \$1.75 million. Eight waiters who worked at Jean Georges, Spice Market, Perry Street, Jolo and 66 claimed the restaurants deprived them of tips by sharing them with managers and not paying them for all hours worked. REUTERS

Australia OKs licence to clone embryos

SCIENCE The Australian government has issued its first licence allowing scientists to create cloned human embryos to try and obtain embryonic stem cells.

The in vitro-fertilization firm Sydney IVF was granted the licence and reportedly has access to 7,200 human eggs for its research.

If the firm is successful it would be a world first, the Australian government's National Health and Medical Research Council (NHMRC), which granted the licence, said yesterday.

Scientists in other coun-

Research goals

- Any stem cells extracted would test new drugs for diseases like muscular dystrophy. Later, therapeutic cloning would be used to produce new body tissue that would be matched to the new host.

tries have made stem cells that they believe are similar to embryonic cells using various techniques, but none have been able to extract embryonic stem cells from cloned human em-

bryos.

An Australian ban on the research was lifted in December 2006 after a rare conscience vote in the national parliament.

But the use of excess IVF embryos and the creation and use of other embryos in research is restricted by law through national legislation. Human cloning for reproductive purposes is banned.

Research would be closely monitored, and scientists are not licenced to reach the foetal stage in their research. REUTERS

16 killed in bombing at U.S. embassy in Yemen

ATTACK Two suicide car bombers set off explosions outside the heavily fortified U.S. embassy in Yemen yesterday, killing 16 people, a Yemeni Interior Ministry official said.

The U.S. State Department said the bombings bore the "hallmarks" of an al-Qaida attack, but it has not yet been concluded who was to blame.

Islamic Jihad in Yemen, a

group some analysts say is linked to al Qaeda, claimed responsibility for the attack, in which other militants armed with assault rifles and rocket-propelled grenades tried to storm the embassy.

Among the dead were six attackers and four bystanders. The rest were Yemeni security personnel, including one embassy guard. REUTERS

Clinton skips rally because of Palin

POLITICS Hillary Clinton cancelled her appearance at a demonstration against Iranian President Mahmoud Ahmadinejad near the United Nations after learning Republican vice-presidential candidate Sarah Palin will be there.

"(Palin's) attendance was news to us, and this was never billed as a partisan political event," a Clinton aide said in an e-mail. REUTERS

Maple Leaf meat plant reopens

OUTBREAK Production resumed yesterday at the Maple Leaf Foods deli meat plant at the centre of this summer's deadly outbreak of listeriosis food poisoning.

The Toronto-area facility will increase production gradually, but no products will be distributed until inspectors have verified that enhanced safety procedures are working, company chief executive Michael McCain said.

"I think it would probably be reasonable to expect the product on the shelves mid to late next week," McCain said. REUTERS

Nortel in crisis, plans restructure

TELECOM Nortel Networks Corp. shares plummeted 52 per cent to \$2.76 a share, a record low, as it cut its revenue forecasts, prepared for new layoffs and said it was looking at selling one of its businesses due to lower sales and a weak economy. REUTERS

In brief

ACQUISITION Biovail Corp. said it will acquire U.S.-based drug-maker Prestwick Pharmaceuticals for \$100 million U.S.

OIL The viability of Petro-Canada's Fort Hills oilsands project is being threatened as costs grow to \$21 billion U.S. REUTERS

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Sports



Colts' Sanders out for a month

Indianapolis Colts safety Bob Sanders, left, is expected to miss at least the next four weeks because of a high ankle sprain. Sanders was hurt during this past Sunday's game against Minnesota and Colts president Bill Polian provided an update on last year's Defensive Player of the Year during a Tuesday interview with WISH-TV in Indianapolis. Sanders has 15 tackles, including 10 solo, in two games for the Colts this season. METRO NEWS SERVICES

EDITOR: JONATHAN P. KUEHLEIN, SPORTS@METRONews.CA

Gillis to give youngsters a go

Canucks GM wants to see what Bernier, Raymond and others can do

ToulBox

Scott Rintoul

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On the eve of Canucks' training camp, one has to wonder how many returning players are currently looking over their shoulder. GM Mike Gillis has made it very clear that he wants some of the younger players in the organization to be afforded an opportunity in the NHL this year, and the only way that can happen is at the expense of a veteran or two.

Up front, Steve Bernier

will begin the season with the Sedins barring something completely unforeseen and it sounds like Kyle Wellwood will have to put his skates on backwards to miss the cut.

Given the signing of Pavol Demitra that leaves just one spot open on the top two lines, Mason Raymond is the odds on favorite, but freshmen Cody Hodgson, Michael Grabner and Jan-nik Hansen will be pushing to impress in the pre-

season, as will last season's AHL scoring champ Jason Krog.

With the third and fourth lines virtually set thanks to off-season additions Ryan Johnston and Darcy Hordichuk, the futures of both Taylor Pyatt and Matt Pettinger seem unclear. Both are options for Alain Vigneault in the bottom half of his forwards, but neither has received much in the way of endorsement from Gillis this summer.

Mason Raymond

On the back end, Mattias Ohlund, Sami Salo and Willie Mitchell all have the luxury of no-trade clauses, something Kevin Bieksa, Lukas Krajicek and Alex Edler are without. Edler's not going anywhere because of his low salary and big upside, leaving the other two as potential casualties.

Bieksa has the capability to be the Canucks most versatile defenseman, which is both a blessing and a curse because it's what makes him extremely attractive to other teams should Gillis pull the trigger on a deal for more offense. Krajicek is vulnerable because his game lacks the physical element Gillis promised to put on the ice this season,

which is why bruiser Rob Davison was signed this summer. That leaves either Nolan Baumgartner or Lawrence Nycholat to win the seventh spot on defense unless a prospect surprises everyone over the next couple of weeks.

Though fan expectations are relatively low for the Canucks this season, it's easy to see why this year's training camp has Canucknation very intrigued. For a few players heading to Whistler this weekend, it's tough to tell whether that feeling in their stomachs is one of excitement or uneasiness.

Scott Rintoul is a college athlete, sports fan and broadcaster. He can be heard Monday-Friday on the TEAM 1040 from 6-9 a.m.

Robitaille sues Boots Del Biaggio

NHL Former Los Angeles Kings star Luc Robitaille has launched a lawsuit against a former minority owner of the Nashville Predators in an attempt to recoup the \$2 million Robitaille says was fraudulently taken from him and left him unwittingly in debt to a bank.

In a court filing that is part of the bankruptcy proceedings for William (Boots) Del Biaggio, Robitaille says he was left owing a bank \$2 million US after Del Biaggio misused a joint line of credit that had been intended for real estate deals. He alleges the money was used to fund "fraudulent" schemes and "failing business ventures."

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Montreal Impact continue winning ways in Champions League

The Montreal Impact had a strong start to CONCACAF Champions League group stage play yesterday, earning a convincing 2-0 win over visiting Joe Public FC of Trinidad and Tobago at Saputo Stadium in Montreal. Montreal's next game in the CONCACAF Champions league is at home Sept. 24 against Mexico's Atlante. **METRO NEWS SERVICES**

sports 13

Manchester United held to draw at home

SOCCER Goal-shy Manchester United kicked off their Champions League title defence with a tepid 0-0 home draw against Villarreal in their opening Group E match yesterday.

"I think we were a bit short in terms of real sharpness and clinical finishing, but games will bring us on and we will improve from tonight," United manager Alex Ferguson said.

Former champions Juventus celebrated their return to Europe's top flight with a 1-0 win over Zenit St Petersburg while Real Madrid strolled to a 2-0 home win over Belarus first-timers BATE Borisov.

It was the third barren stalemate in as many meet-

ings between United and Villarreal after a couple in the 2005-06 group stage, in which United finished bottom of the group while Villarreal reached the last four of the competition.

A late goal from captain William Gallas earned Arsenal a 1-1 draw at Dynamo Kiev.

Olympique Lyon fought back from two goals down to salvage a 2-2 home draw with Fiorentina.

Barry Robson missed a penalty that would have won it for Celtic in their 0-0 home draw with Aalborg.

Bayern Munich earned a 1-0 win at Steaua Bucharest while Porto enjoyed a 3-1 home success against Fenerbahce.

REUTERS



Aalborg's Steve Olfers challenges Celtic's Shaun Maloney during their Champions League soccer match at Celtic Park in Glasgow yesterday. The game ended in a goalless draw.

SCOREBOARD

MLB					AL BATTING LEADERS					Calgary				
YESTERDAY'S RESULTS					Name, team	AB	R	H	AVG	B.C.	7	4	0	14
AMERICAN LEAGUE					Pedroia Bos	618	114	202	.327		6	5	0	12
Toronto 8 Baltimore 7					Ordonez Det	516	68	167	.324	WEEK 12				
Cleveland 6 Minnesota 4					Mauer Min	489	92	157	.321	TOMORROW'S GAME				
Detroit 17 Texas 4					Kinsler Tex	518	102	165	.319	Winnipeg at Hamilton, 5:30				
Kansas City 5 Seattle 2					Huff Bal	559	94	175	.313	SATURDAY'S GAMES				
N.Y. Yankees 5 Chicago W. Sox 1					Youkilis Bos	507	86	157	.310	Toronto at Calgary, 4:30				
Tampa Bay 10 Boston 3					Suzuki Sea	636	95	197	.310	SUNDAY'S GAME				
Oakland 3 L.A. Angels 2					Morneau Min	577	92	178	.308	Edmonton at Montreal, 11				
NATIONAL LEAGUE					Polanco Det	556	86	171	.308	NFL				
Colorado 1 San Diego 0					Ibanez Sea	588	81	181	.308	WEEK 3				
Cincinnati 3 St. Louis 0					Damon NYY	526	90	162	.308	SUNDAY'S GAMES				
Florida 14 Houston 2					NL BATTING LEADERS					Houston at Tennessee, 1:05				
Milwaukee 6 Chicago Cubs 2					Name, team	AB	R	H	AVG	Oakland at Buffalo, 10				
N.Y. Mets 9 Washington 7					Jones Atl	427	80	156	.365	Carolina at Minnesota, 10				
Philadelphia 6 Atlanta 1					Pujols STL	490	91	175	.357	Kansas City at Atlanta, 10				
Pittsburgh 15 L.A. Dodgers 8					Holliday Col	522	103	170	.326	Tampa Bay at Chicago, 10				
Arizona 7 San Francisco 6					Berkman Hou	519	110	167	.322	Arizona at Washington, 10				
TODAY'S GAMES					Guzman Was	551	75	173	.314	Miami at New England, 10				
AMERICAN LEAGUE					Lee Hou	436	61	137	.314	Cincinnati at N.Y. Giants, 10				
Seattle at Kansas City, 11:10					Winn SF	555	80	174	.314	St. Louis at Seattle, 1:05				
L.A. Angels at Oakland, 12:35					Theriot CHC	545	79	167	.306	Detroit at San Francisco, 1:05				
Chicago W. Sox at N.Y. Yankees, 4:05					Schumaker STL	502	82	153	.305	New Orleans at Denver, 1:05				
Baltimore at Toronto, 4:07					Molina STL	443	37	135	.305	Cleveland at Baltimore, 1:15				
Minnesota at Tampa Bay, 4:10					CFL					Jacksonville at Indianapolis, 1:15				
NATIONAL LEAGUE					EAST DIVISION					Pittsburgh at Philadelphia, 1:15				
L.A. Dodgers at Pittsburgh, 9:35					W	L	T	PTS		Dallas at Green Bay, 5:15				
Milwaukee at Chicago Cubs, 11:20					Montreal	7	4	0	14	MONDAY'S GAME				
Houston at Florida, 4:10					Toronto	4	7	0	8	N.Y. Jets at San Diego, 5:30				
Philadelphia at Atlanta, 4:10					Winnipeg	3	8	0	6	SOCCER				
N.Y. Mets at Washington, 4:10					Hamilton	2	9	0	4	GAMES FEATURING THE VANCOUVER WHITECAPS MEN'S TEAM:				
St. Louis at Cincinnati, 4:10					WEST DIVISION					SATURDAY'S GAME				
San Francisco at Arizona, 6:40					W	L	T	PTS		VANCOUVER at Seattle, 7				
					Saskatchewan	8	3	0	16					
					Edmonton	7	4	0	14					



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AIR CANADA

First-time Home Buyers

SPECIAL FEATURES EDITOR: STEPHANIE BOMBA, STEPHANIE.BOMBA@METRONEWS.CA

New rules spark debate

Consumer still at risk with mortgage changes: Experts

BRIAN TOWIE
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The change to mortgage-lending practices isn't the crackdown it's meant to look like, experts say, and it doesn't make Canadians any safer from large debt.

In July, Ottawa announced a decision to tighten rules governing mortgage-lending practices to protect Canadian homebuyers. Under these rules, the amortization period for financial guarantees from the government for insured mortgages — meaning Ottawa pays off a mortgage insurer should a worst-case scenario happen and a buyer is unable to pay the premium — has been reduced from 40 years to 35 years and under. Homebuyers also need a minimum down payment of 5 per cent, effectively

eliminating zero-down mortgages. Buyers also now require a minimum credit score.

The changes have sparked nationwide debate among owners and buyers as to whether it helps or limits options. John Podlewski, president of debt elimination service Debt Freedom Canada, says this is a case of optics. He argues Ottawa is putting on the air of shielding homebuyers from 40-year amortization periods, but the difference between them and 35-year periods is marginal at best (see chart, below).

"Nothing has happened to protect the consumer from debt. You might have more money in-pocket with a 40-year period, but 100 per cent owing going in is 100 per cent owing coming out the back end," he said. "The financial in-



Canada's homeowners collectively carry \$900 billion in mortgage credit. That number grows by 10 per cent every year.

stitutions are still making a buck, and the government gets to look like the good guy."

On Tuesday, Prime Minister Stephen Harper said in order to stimulate the economy, first-time homebuyers would receive a tax credit of up to \$750 should a Conservative government be elected to office. But an expert estimated its impact would be modest: Doug Porter, deputy chief

economist at the Bank of Montreal, told the Canadian Press that such an incentive would be unlikely to draw in new homebuyers.

A possible reason for the existing changes, speculates Jim Murphy, president and CEO of the Canadian Association of Accredited Mortgage Professionals (among the groups Ottawa consulted before making the new rules), is

that more homebuyers, particularly young ones, are choosing no-money-down mortgages with longer-term amortization periods. Amounts owing are growing as well: Murphy says Canada's homeowners collectively carry \$900 billion in mortgage credit. That number grows by 10 per cent every year.

"Thirty-seven per cent of Canadians who have taken out a mortgage in the last year have chosen amortization periods of 30, 35, and 40 years," Murphy said, citing a report his group published in 2007. (This year's report is due in late October.) "It will be much higher when we ask them that question this year."

What has been underreported in the media, Murphy says, is the disadvantage the changes present to immigrants looking to buy a home.

"How does a new Cana-

dian, with some income but a zero credit score, get a mortgage that requires a minimum credit score of 620 to be guaranteed?" he asks.

In terms of hurting the buoyancy of the housing market, Murphy thinks the new rules will have minimal effect. While in a slow-down, he says it still remains strong. In terms of protecting consumers from crippling debt and a house-rich-cash-poor situation, Podlewski says the changes have even less effect.

"You need to plan your entire future. Your house is only a part of it," he added. "Do you want to serve coffee at 65 because you haven't properly planned and you owe too much money? I get my Tim Hortons in the morning and it's either a snow-top or a no-top behind the counter. It can happen to you."

Comparing a 35-year amortization period to a 40-year amortization period

Here's a hypothetical look at what you'd pay on a mortgage with both a 35-year and 40-year amortization period. Numbers have been determined using Filogix Expert, an industry standard point-of-sale system.

Mortgage 1

- Amount: \$200,000
- Interest Rate: 5.45 per cent
- Amortization: 35 years
- Term: 60 months
- Disclosure Rate: 5.45 per cent

- Payment Frequency: Monthly
- Compounded: Semi-annually
- Monthly payment: \$1,059.55
- Total Payments: \$63,573
- Total Interest: \$52,489.77
- Total Principal: \$11,083.23
- Balance Remaining at Maturity: \$188,916.77

Mortgage 2

- Amount: \$200,000
- Interest Rate: 5.45 per cent

- Amortization: 40 years
- Term: 60 months
- Disclosure Rate: 5.45 per cent
- Payment Frequency: Monthly
- Compounded: Semi-annually
- Monthly payment: \$1,016.50
- Total Payments: \$60,990
- Total Interest: \$52,863.77
- Total Principal: \$8,126.33
- Balance Remaining at Maturity: \$191,873.67

SOURCE: DEBT FREEDOM CANADA



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Thursday, September 18, 2008

16 first-time home buyers



That beautiful home you've just purchased can house a litany of hidden — and costly — horrors that you will be left to fix after you've moved in.

Beware of nasty surprises

BRIAN TOWIE
brian.towie@metronews.ca

Rotten joists, missing carpets and dead soldiers buried in your backyard — buying a home can come

with all kinds of nasty surprises.

The beautiful home that you've just purchased can house a litany of hidden horrors that you will be left to fix after you move in. A B.C.-based realtor advises that there's no way around it. You must expect — and inspect — the unexpected when you finally sign on the dotted line.

"It's a situation where the buyer really has to be thinking caveat emptor," says Tom Everitt, a Vancouver Island-based real estate agent and co-author of True Real Estate Stories, a compendium of odd and sometimes gruesome anecdotes from the world of home buying (thinktom.com).

"An inspection should be the first thing on most people's minds. Problems will inevitably come up and an inspection will show you what those problems will cost to fix."

An inspector won't catch everything wrong, Everitt notes, as they can only visually investigate the house. He knows firsthand: While Everitt and his wife were resodding their backyard, they discovered the gravestone of Sgt. Joseph Morley, a World War I veteran.

Another key is to get as specific a contract as possible. Some legal agreements concerning what will remain in the house on move-in day are detailed down to the light switches, Everitt says. Some of his clients have walked into their new home under the impres-

sion certain amenities would be there, only to find the seller took those items with them, he adds.

"The more thorough the contract, the safer you are. We had buyers moving into a townhouse where the previous owners removed the carpet," he said.

"The owners said, 'Well, we took it with us because we heard they were going to install hardwood flooring,' but the contract stipulated that the carpet would be there. The buyers were furious. Besides that, carpets are specifically measured to the details of the house. What kind of person would want to take it?"

If you do discover something untoward about your purchase, you can launch a lawsuit; having a specific legal agreement strengthens your claim. Everitt says you must consider the costs of such a suit, however.

"Pick your battles," he says. "Do you really want to take someone to court over missing light switches?"

More importantly for those buying a new home is that the contract is clear on who covers the warranty, which can often be the builder themselves. These people are the ones to approach should your home become more interesting than you intended.

"If the house is built as just a one-off, you better be darn sure you know what you're buying," adds Everitt.

"You don't want to get stuck with a lemon."



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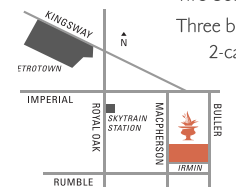
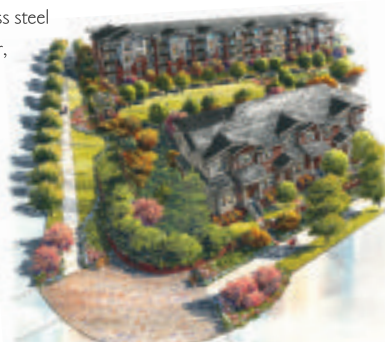
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Colin & Justin

Blimey — we LOVE home and design shows, which is rather convenient being that we work in the home and design industry! On this occasion, however, we're not referring to the fabulous array of decorating shows that occupy our TV screens; we're talking about those wonderful home events that dispense design, retail and home building info in a stadium type forum. And the best thing about these home shows? EVERYTHING is under ONE roof! Where else can you browse literally hundreds of retail outlets with a disparate collection of shopping that spans sofas through kitchens, garage doors through carpets, and flat screen TV's through mirrored Venetian consoles. Yup, these events have it all and the fab news is we're currently entering the traditional consumer show period. We're off to Victoria this very weekend to appear at the Home and Builders Show and we'll be conducting decor sermons to illuminate even the darkest laid designer faux pas. Our 'Q and A' forums are high impact but informative sessions where we're afforded the opportunity to reach out and meet the very audiences who watch our shows and read our columns. And what else should you expect as you wander the Fall shows? Well, for us, inspiration is key. We're working on a condo refurb' in downtown Vancouver so, between twice daily appearances this Friday and Saturday, we'll be searching out wooden floors, a smart new kitchen, a large sectional sofa (preferably in vivid green) and high impact wallpaper to make a serious statement across nearly 2,000 square feet!

We'll see you in Victoria where we'll be signing copies of our brand new literary gem — Colin and Justin's Home Heist Style Guide — but more info on that next week.

The Canadian Home Builders Show runs at the Save-On-Foods Memorial Centre in Victoria from Friday to Sunday. Visit chbavictoria.com for more.

Colin McAllister and Justin Ryan are the hosts of HGTV's Colin & Justin's Home Heist and authors of Colin & Justin's Home Heist Style Guide.

Market glut a good time to take stock

If you're one of those who are kicking themselves for not selling their condo or townhouse a year ago, take a deep breath. Then take a good look around.

You'll notice there's a record glut of "units" all looking for buyers at the moment, and many of those home-owners don't have a chance of getting close to their asking price. You might want to view this as a sign. This could be a good time to hang tight and work on making the most of your home instead of worrying about what might have been.

If you are determined to sell, it's clear that the days of simply straightening up the joint are over. The slightest imperfection — a cracked bathroom mirror, a broken bi-fold door — could be a deal-breaker. And even if everything is in good running order, landing a buyer may come down to something as elusive as a feeling.

You know the feeling; it's that I-could-live-here non-quantifiable that hits us every once in a while. It's less likely to be the result of staging tricks, like the bubble bath, the Sunday New York Times spread out on the bed, the jazz filtering in the background, the aroma of fresh baked cookies or coffee. That good feeling is more likely to come from



It's hard to ignore the obvious signs of a glut of Vancouver properties for sale.

the same things that have you bent on selling: space to entertain, in-suite storage, more natural light, a kitchen two can work in, or a usable balcony. You can't grow more square footage for these perks, but you can clear the decks.

Consider that when apartment-hunters come to an open house, they're already slightly disoriented from the walk through the unfamiliar common areas. The last thing they need upon entering your unit are more visual barriers like side tables, bookcases and shoe racks. Those tables and racks might be

useful to you, but they're impediments to viewers, so plan accordingly.

Also be aware that your Tuscan or urban-street décor style may be off-putting to others, so dial the décor down to clean and versatile.

Stay away from fussy tile patterns or fad wallpaper. They may speak to you, but they may scream at others.

If you're unsure where to begin, bring in an impartial third party to help identify problem areas.

It's amazing how blind we become to the detractions of our own homes, like popcorn ceilings or shabby lino in the bathroom.

Carlyn Yandle is a Vancouver journalist with her own home organization business, Home Reworks, homereworks.com.

UrbanDweller

Carlyn Yandle

carlyn.yandle@metronews.ca



The sale starts outside

Curb appeal can be the defining factor in selling your home.

Staging, renovating, and updating a home's interior seems to be second nature for many when it comes time to list that property, but what most people tend to forget is that the first and last impression a property makes is from the outside. Whether you live in a house, or a condo, there are some simple rules to keep in mind when getting your property ready for sale. One of the most important is going to be ensuring that the outside brick or paint work is fresh, updated and neutral. Lime greens and dusty roses do not do much to convince the average buyer, so seek out the potential gem inside. In fact, you may find that purchasers will not even make it to the front door. Throwing on a coat of paint and repairing any damaged brick or siding is the first place you should start when prepping your home for the market.

Plants are another easy way to spruce up that dreary property and turn it into the palace you want to portray. Even if you do not have the greenest of thumbs, a dead garden, or

HouseLeague

Ryan DeLuca

ryan.deluca@metronews.ca

one overgrown with weeds and plants can make the most diligent homeowners appear lazy. If you are useless in the garden, plant local species of shrubs and flowers.

Just remember even the simplest of gardens need to be pruned every now and then. Finally, whether you live in a house or a condo, bed sheets and tacky drapery panels will never do as window coverings.

Pay attention to the fact that these can be seen from the outside, as well as the inside of the property. Make sure that if you are putting up drapes that match an unusual colour palate inside, you have a neutral backing facing out. You do not want your home to look like a carnival fun-house.

Ryan DeLuca is a realtor with Sotheby's International Realty Canada in Vancouver. He is also host of The Real Estate Minute on Novus TV.

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The most difficult thing about a pear is having patience — waiting long enough for them to be ripe, but not overripe. A firm pear can take up to a week to ripen. To ripen quicker, place in a loosely closed brown paper bag. Handle pears with care to avoid bruising. **METRO NEWS SERVICES**

Food

“Unlike many fruits, pears should be picked green — they ripen and improve flavour once off the tree.”

—Barb Holland/for Metro Canada



Raw or cooked?

For eating, pears should be soft enough to yield to gentle pressure; for cooking, choose pears that are still a little firm.

EDITOR: NINA DRAGICEVIC, NINA.DRAGICEVIC@METRONews.CA

What a perfect pear

À la carte

Barb Holland

Metro Food Writer

Crisps are wonderfully easy to toss together and much less stressful than making pastry. There are also wonderfully tasty, particularly served warm with ice cream, frozen yogurt or custard.

Pear and Cardamom Crisp

This is an all-purpose fruit crisp — use seasonal fruit, peeled if necessary and match fruit with spice such as pears with cardamom, peaches with nutmeg or apples with cinnamon. Add some berries or dried fruit — raisins or dried cranberries, or chopped candied ginger. You can also add nuts to topping for a little added crunch. Makes 4 servings.

INGREDIENTS:

- 4 to 5 cups (1 to 1.25 L) sliced (firm but ripe) pears
- 1/2 cup (125 mL) berries (blueberries, blackberries, fresh or dried cranberries)
- 1/2 cup (125 mL) oatmeal, rolled oats or quick cooking (not instant)



One medium pear has about 100 calories and is a very good source of dietary fibre (remember to eat the skin) and a good source of vitamin C.

- 1/2 cup (125 mL) brown sugar
- 1/4 cup (60 mL) all-purpose flour
- 1/2 tsp (2 mL) ground cardamom (or nutmeg or cinnamon)
- 1/4 cup (60 mL) melted butter

METHOD:

Preheat oven to 350F (180C). Place pears and berries in a buttered 6 cup

(1.5 L) baking dish.

Combine oatmeal, flour, sugar and cardamom. Stir in butter until mixture is all moistened; spoon evenly over fruit. Bake 40 to 50 minutes or until fruit is tender and topping is crisp. Serve warm.

Tips:

- Pick of the Crop: The most common pear is a **Bartlett**, a bell-shaped,

sweet pear with a light green skin that turns yellow when ripe. **Bosc** pears, a later season pear, are elongated with a slender neck, russet-coloured skin and a fine texture. With a more crunchy texture, these hold their shape, making them good for baking or poaching. **Anjou** pears are more egg-shaped, aromatic and mildly sweet; they show traces of yellow when ripe. Harvested in the fall, these pears store well into the spring.

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Tart has a bittersweet affair

The Modern Baker by Nick Malgieri is a collection of 150 straightforward recipes with gourmet appeal, striving to bring success to even the busiest of bakers, with the bulk of the preparation taking under one hour. DK Publishing offered Metro a recipe for this decadent tart:

Bittersweet Chocolate Tart

Nothing could be simpler — or better — than this tart. The flavour of the filling is of course entirely dependent on the quality of the chocolate you use, so hang the budget and get the best available — you only need a single pound. We're fortunate that chocolate is now labeled with its cocoa content — the actual percentage of ground-up roasted cocoa beans used in the mixture. For this tart, I use chocolate in the 65 to 70 per cent range. More than that might be just a little too bitter.

INGREDIENTS:

- 1 cups heavy whipping cream
- 1 cup light corn syrup
- 1 pound (450 grams) bittersweet (not unsweetened) chocolate, melted and cooled
- 6 tablespoons unsalted butter, softened
- One 10- or 11-inch (25- or 28-cm) Press-In Cookie Dough crust, (recipe available in the book, pg. 165), baked
- 1 tablespoon chocolate shavings for finishing
- Confectioners' sugar for sprinkling

METHOD:

Combine the cream and corn syrup in a medium



The Modern Baker is available at Amazon.ca for \$23.94.

saucepan and whisk well. Place over medium heat and bring to just a slight simmer — about 140°F (60°C). Pour the cream into a bowl and let it cool to 110°F (45°C) — you'll be able to insert a fingertip in the cream and leave it there without any burning sensation.

Pour the cooled cream mixture over the chocolate and use a small whisk to mix it in, just to combine smoothly, without whisking air into the mixture. Let the ganache stand at room temperature until it is cool to the touch, about 85°F (30°C).

Whisk in the butter, a couple of tablespoons at a time. The butter has to be very soft — the consistency of stiff mayonnaise — or it will form lumps. Once all the butter has been incorporated, scrape the filling into the prepared tart shell and smooth the top. Refrigerate for 1 hour to set the filling.

After the filling has set, bring the tart to room temperature for 1 to 2 hours before serving. Just before serving, scatter the chocolate shavings in the centre of the filling and dust them very lightly with confectioners' sugar.

metro

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Documentary looks at magazine work

The Style Network and the U.S. edition of Marie Claire have partnered on a new documentary series called *Running in Heels*. It will take viewers behind the scenes of the magazine and focus on the magazine's editors, writers and interns. **REUTERS**

Style



Ellen is a CoverGirl

It has been confirmed that Ellen DeGeneres will be the new face of CoverGirl. This will be the first beauty campaign for the comedian and Emmy award-winning talk show host who will appear in new advertisements in January 2009. "Ellen is the quintessential CoverGirl. She is smart, confident, natural, and beautiful from the inside out," said Esi Eggleston Bracey, vice president and general manager, Global Cosmetics, Procter & Gamble Beauty. **METRO NEWS SERVICE**

EDITOR: ANN-MARIE COLACINO, ANN-MARIE.COLACINO@METRONEWS.CA

Jewel of my eye

Mix n' match rich gemstone tones

LAURA LEE FULHAM/FOR METRO CANADA



ABOVE: Rafé purse, Browns, \$750 (Available at Browns stores or brownsshoes.com).



LEFT: Patent leather purple ankle boot with zipper, Aldo, \$120 (Available at aldoshoes.com).



ABOVE: Red Mini Skirt, Esprit, \$79.50 (Available at 1-866-4ESPRIT).



ABOVE: Short Sleeve Tie Neck Blouse, Banana Republic, \$95 (available at Banana Republic stores across Canada, for more info call 1-888-BR-Style).



RIGHT: Red peacoat, H&M, \$129 (For stores and availability visit hm.com).



ABOVE: Browns ID shoe, Browns, \$148 (Available at Browns stores or brownsshoes.com).



ABOVE: Purple clutch purse, Miss Caprice, \$60 (For stores and availability visit sayan.ca).



ABOVE: Blue GUESS Watch, \$250, Purple GUESS Watch, \$170 (GUESS watches are available across Canada at the Bay, Sears and GUESS stores).



ABOVE: Multi-coloured chandelier earrings, Aldo, \$25 (Available at aldoaccessories.com).

Fergie, Michelle Obama top People's best-dressed list

She fills two converted bedrooms with clothes — one for casual and a second for glam — and staying organized worked for singer Fergie who on Wednesday made People magazine's 2008 list of best dressed women.

"I don't like to throw anything away," Fergie said about the clothes in her "closets" for People's widely-watched Best & Worst Dressed 2008 issue that hits newsstands this Friday.

Joining Fergie, whose hits include "Glamorous," in the top 10 list were actresses Kate Hudson, Anne Hathaway, Gwyneth Paltrow, Charlize Theron and Eva Mendes. Singer/actress Jennifer Lopez, singer Rihanna and supermodel Heidi Klum also made the list.

Rounding out the top 10 — and making a campaign statement for fashion — was Michelle Obama, wife of Democratic presidential candidate Barack Obama, who was given high marks

for a look that was "classic and confident."

"She has a look. She works it with confidence, and she knows what looks good on her," said People's Style Editor Clarissa Cruz.

But Obama played down the notion that her sense of style might be anything close to couture, telling People: "Some of my favorite summer dresses are from Gap and H&M."

"The thing they all have in common is that they all had a great year, stuck to their own personal

style and stayed true to that," said Cruz.

The magazine's editors also spent time peering into the fashion choices of Republican vice presidential candidate Sarah Palin — her rimless glasses, step-toe pumps and updo hairstyle.

"People are paying attention

to what she's wearing, and we felt that was a news story," Cruz said.

Palin didn't talk to People, but her hairdresser did. She said the candidate would rather not discuss style choices "because she wants people to hear what she has to say."

The makers of the Kazuo Kawasaki eye glasses favored by Palin told People that demand has been "overwhelming" and "mostly from the middle states." Then there are those fashion moments People would rather forget.

The magazine's editors pick apart red carpet disaster dresses worn by singer and American

Idol judge Paula Abdul and actress Lucy Liu, as well as the aqua-and-orange boots and fedora favored by Patricia Arquette.

"These were stumbles that were too over the top to ignore," Cruz said.

Other highlights of the

double issue include best dressed television show — Gossip Girl — and most memorable style moments including Lindsay Lohan's mink coat mixup in which she left a party wearing another woman's \$11,000 heirloom coat. **REUTERS**



This week People magazine came out with their annual list of best dressed women, topping the list were singer Fergie, far left, and Michelle Obama, wife of Democratic presidential candidate Barack Obama.

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Fourth Ave boutique celebrates with a grand opening fashion gala and you are invited! This Saturday meet featured store designers Mother Trucker, Gaya and more. The event takes place 3:30 to 6 p.m., 2005 West 4th Ave. **METRO NEWS SERVICE**

Coats are all about the details

Style File



ask kim

I planned a holiday next month and I'm looking for luggage. Where and what kind should I look out for?

I've been using Heys luggage for the past two years and I absolutely love it. It's lightweight, hard-cased and easy to roll around. Find Heys in all department stores and stop by Winners for good deals on travel accessories.

E-mail your style questions to kim.elbo@metronews.ca.

Vancouver's Kim Elbo has a passion for fashion. Here she shares the latest style tips.



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coats

The wool coat can usually be summed up with the thought of a double-breasted pea coat but this year that typical look is out. This fall coats will be a little bit more interesting with oversized lapels, pocket details and different necklines. Tip: Try the coat on in store with layers. You'll be layering quite a bit come late fall so you'll want to make sure there will be enough room for thick knit sweaters or hoodies.

accessory

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Tilda Swinton has given the Oscar she won for best supporting actress for her role in Michael Clayton this year to her agent, insisting the trophy "doesn't mean that much." IMDB.COM

Oscar? No thanks

Entertainment

Wonder-ful news

Actress Nicole Kidman is to produce and star in *The Eighth Wonder*, an action adventure based on an archaeological discovery, it has been reported. [BBC NEWS ONLINE](http://BBCNEWS.ONLINE)

EDITOR: TINA COSTANZA, TINA.COSTANZA@METRONEWS.CA

Top Model winner fears 'stalker'

REALITY TV Former America's Next Top Model winner Adrienne Curry has taken out a restraining order against a woman she accuses of stalking her, imdb.com reports.

The reality TV star was granted the order against Shira Gellis. Curry claims Gellis has been harassing her since the model refused to clean her dog's feces from the lawn of Gellis's home.

Curry also claimed Gellis began a campaign against her on social networking site MySpace, stating that Gellis "dedicated her entire MySpace page to me."

In one alleged MySpace posting, Gellis describes Curry as "toxic to the soul ... still so beautiful, her heart was as ugly as the death of a child ..."

The model says an expensive pair of shoes sent to her home by Gellis proves she is a "stalker."

METRO NEWS SERVICES

In brief

FANS The author who inspired Oscar-winning movie *Brokeback Mountain* says she's been pestered by fans following the release of the 2005 movie, which was based on her short story. Annie Proulx says she is harassed by people offering their reinterpretations of the tale. IMDB.COM

MUSIC In just a three-day sales window, Metallica's first studio album since 2003 debuted at No. 1 on the U.S. pop chart with one of the biggest tallies of the year. *Death Magnetic* moved 490,000 copies in its abbreviated fram. REUTERS

Standing In for Okkervil

Texas-based indie act is on the road to support its new album

BRYAN BORZYKOWSKI
for Metro Canada

If you thought bands live for the road, for visiting different cities every night and playing to new fans day in and day out, think again. Will Sheff, lead singer of Austin, Tex.-based indie rock band Okkervil River, would rather be doing anything else.

"I'm not excited," he says on the phone from Brooklyn, N.Y. "I'm not looking forward to not sleeping in my own bed for two months straight. But I have no choice — it's my only source of income."

That might sound like jaded rock star-speak, but it's not — Sheff explains that he still loves playing shows and meeting new people.

In fact, he's never enjoyed playing shows as much as he does now.

"I used to hate playing; it made me nervous," he says.

"But at a certain point, when I stopped caring what people thought of us, I started to love it."

It's a good thing that he can deal with the frustrating parts of touring and that he's keen on playing live now, because after people hear the band's new album, Okkervil River will be in high demand.

The group's seventh disc, titled *The Stand Ins*, is filled with rollicking folk pop tunes and incredibly



Okkervil River's new album, *The Stand Ins*, was released last week. It's the group's seventh disc.

infectious melodies. And, if it sounds similar to their 2007 release *The Stage Names*, that's because it's actually the second half of what was almost a double album.

When the group recorded *The Stage Names*, they ended up finishing way more songs than they needed.

With the lyrics similarly themed it would have

made sense for them to put out the two records at the same time.

"I started to think about whether we wanted to do a double album, but after a while we decided to wait," Sheff says. "Really, I'm not that into double albums. I don't listen to them in one sitting; I may end up playing my favourite songs of those albums."

"So, in the end, we want-

In concert

• Okkervil River plays Richard's On Richards tonight.

ed to make an album people would listen to all at once."

Still, if someone wanted to hear the discs back to back they can. If you do listen to both, you'll quickly

find out that while the albums' themes are connected, there are some glaring differences.

"On parts of *The Stage Names* there's this whole attitude of the romantic life on tour that is very macho," says Sheff.

"We were waiting until *The Stand Ins* to have a female point of view that undercuts a lot of that attitude."

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entertainment **23**

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Metallica roars back

Metallica

Album: Death Magnetic

Label: Warner

Rating: ●●●●●

JAMES HET-FIELD, Lars Ulrich, Kirk Hammett and Robert Trujillo deserve



more credit. Calling Metallica a heavy-metal act doesn't do their best music justice. The band's gritty-teeth, relentless arrangements can be orchestral in scope: Imagine Wagner on a bad day, with access to electric guitars and a stack of Marshall amps. Death Magnetic's 10-minute instrumental Suicide & Redemption doesn't meander — it evolves. Hard, fast & skillful, but always tuneful and capable of different shades of intensity.

Jim Reyno

Solange

Album: Sol-Angel and the Hadley St. Dreams

Label: Geffen/Universal

Rating: ●●●●

BEYONCÉ'S LITTLE SIS wants you to know that she's not a copycat of her sibling.



On the opening track she says, "two girls going in different directions... I'm no sister." She'll be happy to know that most won't compare to her to more famous family member after hearing this disc. While she dabbles in the same R&B vein as Beyoncé, Solange takes a more old-school tone, with her songs sounding more like Aretha Franklin than modern day urban pop. This disc is a fun throwback that should free her from her sister's shadow.

Bryan Borzowski



ANTON CORRIJN/WARNER MUSIC PHOTO

Death Magnetic, Metallica's ninth studio album, is now out.

Nelly

Album: Brass Knuckles

Label: Derry/Universal

Rating: ●●●½

THERE ISN'T ANYTHING on

Brass Knuckles as accessible as Nelly's signature tunes Ride Wit Me or Hot In Herre. But Brass Knuckles is an all-star mix of R&B and hip-hop with some solid hooks throughout. A few tracks really connect: LA with the Snoop and Nate Dogg(s), taken at Snoop's trademark easy pace; Self-Esteem with Chuck D elevates the game lyrically. And Lie with St. Lunatics is a hummable (if foul-mouthed) tale of cheating/misinformation. Brass Knuckles is no knockout punch, but a good shot. You feel it.

Jim Reyno

FemBots

Album: Calling Out

Label: Weewerk

Rating: ●●●●●

DAVE MACKINON and Brian

Poirier combine in a got-the-world-by-the-balls pose that's eerily reminiscent of



Exile-era Stones. This band puts away its arty toys and comes up with gritty, and at times brilliant, rock album filled with anti-gospel hymns (Good Days, God Keep Our Hands Clean) twisted love ballads (Can I Be Your Mirror) and tales of impending disaster (Ship Breaking).

Graham Rockingham

Lindsey Buckingham

Album: Gift of Screws

Label: Reprise/Warner

Rating: ●●●●

THIS IS PROBABLY Lindsey

Buckingham's finest effort since the heyday of Fleetwood Mac. There's plenty of nifty hooks and blistering guitar solos here that will send people running for their old copies of Rumours. At times, though, Buckingham's guitar sounds as if it's set on hyperdrive, like he's trying a bit too hard, like he's got something to prove.

Graham Rockingham



On the web

Read the following reviews at metronews.ca/music:

- Sonya Kittell
- Ne-Yo

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Joan Rivers and Denis Leary will be among the comics paying tribute to the late George Carlin, left, when he's honoured with a posthumous Mark Twain Prize for Humour in November in Washington, D.C. **IMDb.COM**

In brief

MUSIC Lucinda Williams will release a digital-only EP of protest songs on Oct. 28, two weeks after the veteran roots-rocker's ninth studio record, *Little Honey*, reaches stores. Lu in 08, is timed to hit a week before the U.S. presidential election.

The albumsports four live tracks, three of which are covers: Bob Dylan's *Masters of War*, Buffalo Springfield's *For What It's Worth*, and the Thievery Corporation/Wayne Coyne collaboration *Marching the Hate Machines Into the Sun*. **REUTERS**

Lesbian romance straight to theatre

FILM *I Can't Think Straight*, a cross-cultural lesbian romantic comedy written, directed and produced entirely by women, has been picked up for North American distribution by indie firm Here! Films.

The film charts the unexpected romance between Tala (Lisa Ray), a vivacious Christian woman from Palestine, and Leyla (Sheetal Sheth), a shy Muslim woman from India. When they meet in London just before Tala's planned wedding, sparks fly.

It is based on the novel by British-born author Shamim Sarif, who also directed. Regent Releasing will distribute Sarif's other feature, the South African-set period lesbian romance *The World Unseen* in New York, Los Angeles and Toronto. **REUTERS**

New Kids' return worth the wait, says Wahlberg

During New Kids on the Block's 14-year hiatus, Donnie Wahlberg was the primary holdout.

The iconic Boston-bred boy band had sold more than 70 million albums and realized No. 1 hits *Hangin' Tough*, *Step By Step* and *I'll Be Loving You (Forever)*, but Wahlberg had since eked out a respectable acting career and refused to revisit his New Kids days.

"I never took part in anything to do with the New Kids: (documentary series) *True Hollywood Story*, interviews, you name it," said Wahlberg in a phone interview from London where the group — which included brothers Jordan and Jonathan Knight, Joey McIntyre and Danny Wood — was promoting its new album, *The Block*, and the world tour that kicks off in Toronto today.

"I knew as long as I didn't participate that the group being intact was still protected. If we just started showing up at every little request for the group, then there's no magic in the group being together."

Fortunately, when Wahlberg, inspired by a demo track by an unknown Canadian songwriter, lobbied the reunion card, there was little resistance from his erstwhile bandmates.

"Maybe the fact that it was me was like 'Sh-I if he's doing it, it's a good time to do it, because he's probably the one who



Danny Wood, from left, Donnie Wahlberg, Jordan Knight, Jonathan Knight and Joey McIntyre of New Kids On The Block.

would least do it," he surmised.

Wahlberg, 39, put his money and his talents where his mouth was, funding *The Block* and much to his own surprise, co-writing most of its songs.

"I was one of the three main vocalists the first time around and I didn't anticipate taking that role on again," he explained. "I was just financing the album. I really wasn't going to sing that much at all. But once I sang my first part, that was kind of it: I just wanted to do it a lot. It became a lot of fun. Same with writing: I hadn't really expected to write much and then I wrote a song, wrote another song and next thing you know, I just was writing with everyone."

Outside of the shower, Wahlberg said he hadn't

sung much since the quintet's 1994 split but didn't find slipping back into form difficult.

"On tour we'll see what happens. I don't know how my voice is going to hold up, but I'm singing now, I'm singing live and I'm having a great time doing it. We were one of many groups that were accused in the early '90s and the late '80s of not singing live in our shows, which is not true. We sang live in most of our shows. I think in our first two tours we probably used backing tapes and stuff, but after that we went completely live and we will this tour."

The band members are all pushing 40, most are fathers, but the L.A. rehearsals have been rigorous, Wahlberg said, adding concert goers can expect high energy. **TORSTAR NEWS SERVICE**

R. Kelly 'vulnerable'

R&B star R. Kelly has broken his silence about his recent acquittal on child pornography charges, saying he was betrayed by close associates but hopes to move on with his life.

"If it has had any impact, I would hope it would be a positive impact and I can move on with my life," Kelly told BET News on Tuesday, after being asked if the trial tarnished his career. "I hope people can give me my life back."

A jury in Kelly's Chicago hometown acquitted the singer in June, finding he did not make an explicit videotape showing him having sex with an underage girl who called him "godfather."

The tape had circulated widely on the underground video market. If found guilty, he could have faced a 15-year prison term.

Kelly said the people who spoke out against him were disgruntled former employees, including his brother, Carey Kelly. The Kelly sibling claimed that R. Kelly attempted to bribe him if he would say the man in the video was himself and not his famous brother.

"Do not listen to the people that were fired, listen to the facts" said Kelly. "I know people are out to get me because I'm very vulnerable, especially during a seven-year trial."

Questioned about his reported fondness for

teenage sexual partners, the 41-year-old singer responded,

"When you say teenage, how old do you mean? I have some 19-year-old friends, but I don't like anyone illegal if that's what we are talking about, underage."

The tape

• The 26-minute videotape that was the focus of the case featured oral sex, masturbation and other explicit acts and was handed over to police by a Chicago newspaper reporter in 2002.

The singer said he hopes to move forward with his life by continuing to make honest music. "I'm not going to let this affect my gift," he said.

"I've done vintage R. Kelly songs during the trial because I said no matter what, I'm not going to let this make me run under a rock and not do my job. Some people fall off and I chose not to do that."

To that end, Kelly is planning an African tour, during which he hopes to do some humanitarian work, and continues to work on a new album, "12 Play 4th Quarter," a date for which has yet to be confirmed.

He topped the U.S. charts last year with his album *Double Up*. **REUTERS**

Hitchhiker series set to ride again, seven years after author's death

NOVEL Children's author Eoin Colfer is to write a sixth novel in the *Hitchhiker's Guide to the Galaxy* series, seven years after the death of its creator Douglas Adams, Penguin said Wednesday.

The Irish writer, best known for his *Artemis Fowl* fairy stories, has the blessing of Adams' widow, Jane Belson, to continue the bestselling science fiction saga.

Called *And Another Thing...*, the new novel will be published in October 2009. Colfer said he was a big fan of the original books, which started as a BBC radio serial.

For years I have been finishing this incredible story in my head and now I have the opportunity to do it in the real world, he said in a statement.

It is a gift from the Gods. So, thank you Thor and Odin.

The satirical books tell the story of a hapless Eng-

lishman called Arthur Dent who travels the universe after the Earth is demolished to make way for a hyperspace bypass.

The saga centres on the search for the reason for life, the universe and everything.

After a long wait, the answer to the search turns

"For years I have been finishing this incredible story in my head and now I have the opportunity to do it in the real world,"

Author Eoin Colfer

out to be 42.

The book's author, Douglas Adams died from a heart attack in 2001 in California at the age of 49.

He had hoped to finish the series with a sixth novel **REUTERS**

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Favourites of Yesterday & Today

Oteri's Legal move

Saturday Night Live alumna Cheri Oteri will turn up on Boston Legal during the ABC series' final season, which premieres Monday. [TVGUIDE.COM](#)

Media battle rich in irony

POLITICS IS HOLLYWOOD FOR UGLY PEOPLE That's the old saying, but even if you're not bad looking, you'll still be swimming through a sea of ugly.

There's been very little that you can call edifying in the U.S. election race so far, and it's reached a point where the only thing you can salvage from the whole miserable process is an appreciation of the irony, which has been thick on the ground.

Ever since she was announced as John McCain's running mate, Alaska Gov. Sarah Palin's resemblance to 30 Rock star and creator Tina Fey started a countdown clock on Fey's inevitable return to Saturday Night Live to pile up her hair and play Palin.

As you probably know by now, Fey was front and centre when SNL returned for the fall season last weekend, sharing a podium with Amy Poehler's Hillary Clinton for a skit that got most of its fuel from the often bitter sexism Clinton dealt with in her ultimately failed bid to

IntelleVision

Rick McGinnis

rick.mcginis@metronews.ca

land the Democratic nomination.

The best line, of course, was "I can see Russia from my house" — Alaska tourism should use it as a slogan — but the skit got most of its comedic juice from Poehler-as-Clinton's rage at being called a shrewish, ambitious haridan; delivered in a tone that (irony alert) made her sound like a shrewish haridan. Fey played Palin as oblivious bimbo to Poehler's unhinged gorgon, so unless you're so far down the partisan rabbit hole that objectivity is pretty much out the window, the skit was a draw.

Unfortunately, McCain's campaign team decided to play the outrage card, and sent McCain adviser and former Hewlett-Packard

FREDERICK M. BROWN/GETTY IMAGES/FILE PHOTO



Tina Fey played U.S. vice-presidential candidate Sarah Palin on Saturday Night Live.

CEO Carly Fiorina onto MSNBC to protest that Fey's portrayal of Palin was "sexist," adding that "the portrait was very dismissive of the substance of Sarah Palin, and so in that sense, they were defining Hillary Clinton as very substantive, and Sarah Palin as totally superficial." Yes, we got that, Carly. (The worst thing about election campaigns isn't the lying, but the way they make perfectly intelligent people say the most obvious things as if they were just deci-

phered by Pentagon code-breakers.)

What the SNL skit didn't — or couldn't — mine for its comic potential was that, by the time she was forced out of the primary race, most of the really nasty sexism being directed toward Clinton was coming from her own party, which is now happily spewing it in Palin's direction without the small but nagging protest from their conscience to make them feel guilty. By the time the election is over, the U.S.

will either have a black president or a woman closer to the oval office than ever before (without, of course, having to sexually service the president to be there.) Either scenario is arguably a step in the right direction, depending on whose side you're on, but the really amazing thing is that, considering what has to be endured to get there, that anyone even bothers.

Rick McGinnis writes about music, movies, books and television, but not opera.



Redmond O'Neal

Actor O'Neal, son charged

LEGAL Actor Ryan O'Neal and his son, Redmond, were charged with possessing methamphetamine yesterday following a search of their home, officials said.

They were arrested at their home in Malibu, Calif., during a pre-dawn probation check by officers, a spokeswoman for the Los Angeles County Sheriff's Department said. The case involves Redmond O'Neal, 23.

O'Neal and his son were booked on suspicion of possessing a controlled substance and each was being held in lieu of \$10,000 US bail, the spokeswoman said. **REUTERS**



Amy Poehler

Poehler sets SNL departure date

TELEVISION Actress Amy Poehler will be leaving Saturday Night Live after the November U.S. presidential election.

Poehler, who recently starred in the movie Baby Mama, told Men's Vogue that she will go on maternity leave after the election and won't return to NBC's late-night sketch show after giving birth to her first child. Instead, she will focus on her upcoming primetime NBC series, a spinoff from The Office.

The comedienne appeared on the season-opener of Saturday Night Live last Saturday, playing Hillary Clinton to Tina Fey's Sarah Palin. **REUTERS**

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251	308	9	CBC	Coronation St.	Jeopardy! (N)	[Pod "Steve Leaves"		Doc Zone - The Museum (N)	CBC News: The National (N)	(05) The Hour		
255	358	9	JOY	E! News	The Insider	Name Is Earl	Name Is Earl	Legacy of Fear (2006, Suspense)	Teri Polo (CC)	News (N)		
254	-	M	Two/Half Men	Two/Half Men	Hollywood	Mandarin News		Cantonese News (N)	Punjabi News (In Punjabi N)	Metropia		
250	321	9	CTV	ETalk (CC)	CSI: Crime Scene Invstgtn.	Smallville "Odyssey" (CC)	Supernatural "Lazarus Rising"	CSI: Crime Scene Invstgtn.	Flashpoint "Planets Aligned"	News (N)		
-	0	OMNI	Scrubs (CC)	According-Jim	NCIS "Judgment Day" (CC)	The Office "Goodbye, Toby"	90210 "The Bubble" (CC)	The Office "Goodbye, Toby"	The Daily "Diya" (CC)	New Day		
252	336	11	GTV	Entertainment	ET Canada	Ugly Betty "Jump" (CC)	Glam God With Vivica A. Fox	Supernatural "Lazarus Rising"	Flashpoint "Planets Aligned"	News (N)		
256	389	12	VI	Robson Arms	TMZ (N) (CC)	The Moment of Truth (CC)	Grey's Anatomy "Freedom" (CC)	Supernatural "Lazarus Rising"	Flashpoint "Planets Aligned"	News (N)		
253	359	9	CITY	Law & Order: SVU	Ugly Betty "Jump" (CC)	Smallville "Odyssey" (CC)	Supernatural "Lazarus Rising"	Flashpoint "Planets Aligned"	News (N)			
-	0	CW	Deal-No Deal	Deal-No Deal	Smallville "Odyssey" (CC)	Supernatural "Lazarus Rising"	Flashpoint "Planets Aligned"	News (N)				
289	381	9	CBS	Entertainment	CSI: Crime Scene Invstgtn.	GoTalent	Name Is Earl	The Office "Goodbye, Toby"	Flashpoint "Planets Aligned"	News (N)		
287	379	9	NBC	Evening Mag.	Inside Edition	Divine Design	House	Confidential "House"	Open House "Real Estate"	Love It-List It		
602	568	9	W	Will & Grace	Friends (CC)	Ugly Betty "Jump" (CC)	Grey's Anatomy "Freedom" (CC)	Cheers (CC)	Still Standing	Scrubs (CC)		
288	380	9	ABC	Wheel-Fortune	Jeopardy! (N)	Blue Thunder ** (1983) Roy Scheider, Malcolm McDowell	American Masters "Pete Seeger: The Power of Song" (CC)	Kitchen Nightmares (N) (CC)	News (N) (CC)	Family Guy		
-	0	KVOS	M*A*S*H	Seinfeld	Seinfeld			Fiesta Mexicana (CC)	Comics Un.	Half & Half	The Insider	Entertainment
291	383	9	PBS	Andre Rieu: Live in Vienna (CC)	Hole in the Wall (N) (CC)	World Poker Tour	Off the Record	NASCAR Racing	Poker Night (CC)	SportsCentre		
290	382	9	FOX	Two/Half Men	Two/Half Men	World Poker Tour	Off the Record	NASCAR Racing	Poker Night (CC)	SportsCentre		
-	364	9	PBS	Change Your Brain, Change Your Life (CC)								
296	654	9	SBK	Fraser (CC)	Fraser (CC)	Cheers (CC)	South Park	Comics Un.	Half & Half	The Insider	Entertainment	Paid Program
295	653	9	TLA	Two/Half Men	Two/Half Men	Smallville "Odyssey" (CC)	Supernatural "Lazarus Rising"	Comics Un.	Half & Half	The Insider	Entertainment	Paid Program
295	651	9	WGN	WGN News at Nine (N) (CC)	Family Guy	Smallville "Odyssey" (CC)	Supernatural "Lazarus Rising"	Comics Un.	Half & Half	The Insider	Entertainment	Paid Program
297	652	9	WXP	CW11 News at Ten	Two/Half Men	Friends (CC)	Sex and-City	Will & Grace	George Lopez	Will & Grace	My Wife-Kids	Friends (CC)
199	311	9	STR	News (N)	News	Late Show-Letterman	ET Canada	Entertainment	Real Housewives of OC			
502	390	9	NW	Geologic Journey (CC)	CBC News: The National (N)	CBC News: The National (N)	Politics with Don Newman	The Hour (N)				
500	500	9	CNN	Anderson Cooper 360 (CC)	Larry King Live	Best Damn Sports Show	Sportsnet Connected	Sportsnet				
407	419	9	RSP	World Combat League (CC)	World Poker Tour	Off the Record	NASCAR Racing	Poker Night (CC)	SportsCentre			
400	400	9	TSN	SportsCentre (Live) (CC)	Off the Record	NASCAR Racing	Poker Night (CC)	SportsCentre				
411	457	9	OLN	Pilot Guides "Odyssey"	Pilot Guides "Cambodia"	Score Tonight	Final Score	Sports Rage	Wrecked	Final Score		
410	403	9	SCR	College Football West Virginia at Colorado	Score Tonight	Final Score	Sports Rage	Wrecked	Final Score			
417	406	9	SC	Wrecked (N)	Wrecked	Pass Time	Final Score	Sports Rage	Wrecked	Final Score		
416	409	9	GLF	Fútbol Alemán	Go! TV News	Pass Time	Final Score	Sports Rage	Wrecked	Final Score		
552	543	9	YTV	H2O, Just Add	Home Imp.	Prank Patrol	Futurama	Total Drama	Futurama	The Critic (N)	Chicken	Code
555	545	9	TEL	George	Bugs Bunny & Tweety Show	6teen		Family Guy	Seinfeld	Fraser (CC)	Family Guy	
557	541	9	FAM	Wizards-Place	That's-Raven	Zack & Cody	Natural-Sadie	Han. Montana	Life Derek	Ned's School	Cory in House	Zack & Cody
553	546	9	TRE	Comfy Couch	Rolie Polie	Beren. Bears	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Treewton	Comfy Couch
268	354	9	KNO	Leading Edge	Big Ideas	Sahara With Michael Palin	Art of the Heist (N) (CC)	Talking Canadian (CC)	Home Imp.	Home Imp.	Awards	
575	583	9	CMT	Home Imp.	Home Imp.	Karaoke Star "Toronto, ON"	Reba (CC)	Hope & Faith	Pimp My Ride	Legally Blonde (CC)	Spotlight	
570	580	9	MM	Greek "Picking Teams" (CC)	Muchmusic Countdown (CC)	Restaurant Makeover (CC)	The First 48 (CC)	The Fix (CC)	Disaster DIY	Junk Brothers		
600	564	9	H&G	Junk Brothers	The Big Flip	Holmes on Homes (CC)	Restaurant Makeover (CC)	The Fix (CC)	Disaster DIY	Junk Brothers		
515	520	9	A&E	Jacked: Theft	Jacked: Theft	Natalie Holloway	MANswers	Whacked Out	Wild World	Whacked Out		
628	584	9	SPKE	(6:00) TNA IMPACT! (N) (CC)	The Ultimate Fighter	Overhaul (CC)	Street Customs (CC)	American Chopper (CC)	LA Ink (CC)	House (CC)		
521	560	9	TLC	Street Customs (CC)	ReGenesis "The Source"	Law & Order (CC)	Without a Trace (CC)	Rich in Love ** (1992) Albert Finney (CC)				
516	522	9	SHO	Painkiller Jane "Higher Court"	Rich Ride, Poor Bride (CC)	Daily Planet (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)		
602	523	9	BVO	(6:00) Johnny Total! (2005)	Rich Ride, Poor Bride (CC)	Daily Planet (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)		
520	505	9	DIS	MythBusters "Alaska Special"	Daily Planet (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)	Without a Trace (CC)		
522	506	9	HIS	NCIS "Sharif Returns" (CC)	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"		
627	528	9	SPC	Super Heroes	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"	Stargate SG-1 "Avalon"		
294	650	9	TBS	(6:00) U.S. Marshals ** (1998)	PA	Sex and-City	Sex and-City	Sex and-City	Sex and-City	Sex and-City		
619	625	9	TROP	Beverly Hills, 90210 (CC)	Make	What	What	What	What	What		
603	561	9	FN	Secret Life of	Secret Life of	Ace of Cakes	Ace of Cakes	Iron Chef America (CC)	Unwrapped	Unwrapped	Secret Life of	
626	547	9	COM	Air Force	Just for Laughs	Corner Gas	Corner Gas	The Simpsons	South Park	VIP	Comedy Inc.	Daily Show
320	621	9	CEN	(6:00) Christie's Revenge (CC)	Sharkwater *** (2006) Premiere (CC)	Michael Clayton *** (2007, Drama) George Clooney (CC)						
581	566	9	MTV	Exiled (CC)	MTV Cribs	Paris Casting Special	Exiled (CC)	MTV Cribs	MTV Live			
261	394	9	V	(6:00) Dad's Army ** (1971)	Emily of New Moon (CC)	Dad's Army ** (1971) Arthur Lowe, John Le Mesurier						
-	-	9	MUL	Matchmaker	Daughters	Vancouver	Main Office	Dheeyan Ghar	Sadabahar	Mor Deo Koi	Desi Rhythms	Patrol World

critics' corner

Saving Grace

Yes, they were at the crime scene, but they were ... busy. In this new episode, the squad's evidence supervisor, Ed Ligardi, is found dead in a restroom stall at the local cop bar ... just a few feet away from the stall in which Grace and Ham (Holly Hunter, Kenny Johnson) were messing around when he was killed. There's a suspect, but his confession is rather bizarre. Ham's Afghanistan-bound brother pays a visit in "A Little Hometown Love." 10 PM on SHO



Grey's Anatomy

Meredith and Derek (Ellen Pompeo, Patrick Dempsey) need some concrete results. Too bad they can't just borrow some concrete. In this episode, while the two of them take their last shots at success in their clinical trials, the other surgeons try to free a boy from a block of cement before it hardens. Izzie and Alex (Katherine Heigl, Justin Chambers) share the care of a patient, and Lexie (Cheryl Leigh) gets the scoop on George (T.R. Knight). 9 PM on ABC



Scarlett Johansson and Eva Mendes have joined forces to encourage Americans to recycle their old cellphones. The actresses both star in a new campaign film for the Environmental Media Association. [IMDb.COM](http://IMDb.com)

Celebrity Buzz

Kate Hudson happy to get raunchy role

MOVIE Kate Hudson jumped at the chance to star in upcoming movie *My Best Friend's Girl* because she relished playing a sexually aggressive woman, imdb.com reports.

The actress plays a lawyer in the film, which features strong language and sexual content.

Hudson, famed for her romantic comedy roles, ensured she made the most of the explicit script and adult scenes.

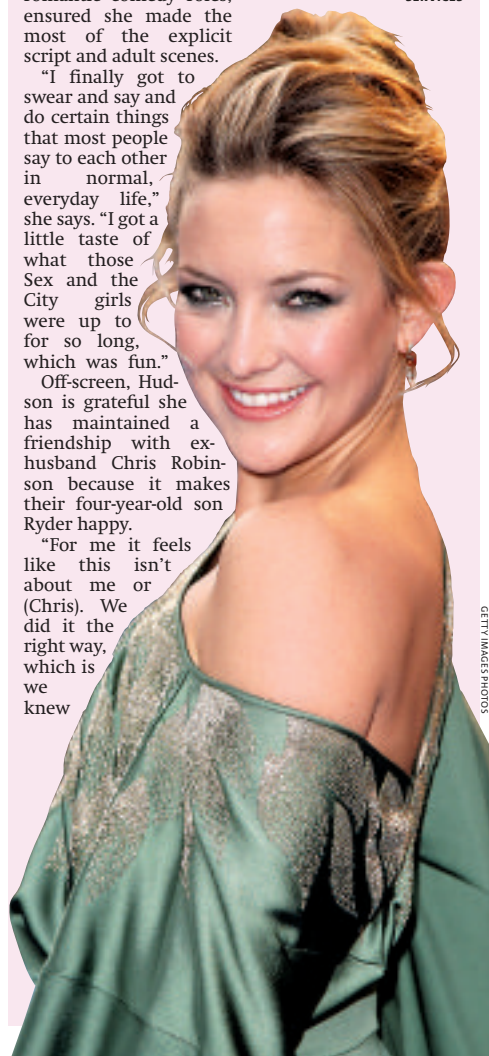
"I finally got to swear and say and do certain things that most people say to each other in normal, everyday life," she says. "I got a little taste of what those *Sex and the City* girls were up to for so long, which was fun."

Off-screen, Hudson is grateful she has maintained a friendship with ex-husband Chris Robinson because it makes their four-year-old son Ryder happy.

"For me it feels like this isn't about me or (Chris). We did it the right way, which is we knew

it wasn't right (to stay together) so we wanted it to be great for Ryder and we got a happy, happy boy," Hudson says. "We spend a lot of time together. We love our baby. With both of us working all the time and away and travelling, it makes it great for Ryder."

METRO NEWS SERVICES



Rihanna suffers from her fame

PEOPLE Rihanna has discovered the negative aspects of fame — she finds life on the road "lonely," femalefirst.co.uk reports. Despite rumours that she is romancing fellow



singer Chris Brown, the hitmaker insists she doesn't have time to date, and she often ends up sitting in hotel rooms by herself.

METRO NEWS SERVICES

Barton seduces Hartnett?

PEOPLE Mischa Barton spent Monday evening with Josh Hartnett, femalefirst.co.uk reports.

The O.C. star met up with the actor at the London nightclub Bungalow 8 and after chatting the pair reportedly left for his hotel at the end of the night.

Barton, 22, managed to get the 30-year-old actor's attention by reportedly dancing seductively in front of him as he sat talking to Kings of Leon drummer Nathan Followill, but he was initially unimpressed by her moves.

"Josh looked pretty bored and was totally ignoring

Mischa," a source said. "She persisted though, and kept getting closer and closer to their table while dancing provocatively."

Followill was reportedly unconvinced by Barton's display, and was heard warning Josh off the actress.

The source added to Britain's MailOnline website: "Nathan told him that he thought she talks too much." Despite reportedly going to Hartnett's hotel, Barton is said to have emerged an hour later and returned to her own hotel.

METRO NEWS SERVICES



Paris promises true BFF status

TV Socialite Paris Hilton has made true her vow to stand by the winner of her new reality TV show *My New BFF* (Best Friend Forever), insisting they're "really friends," imdb.com reports.

The hotel heiress recently wrapped up the U.S. version of *My New BFF*, in which she chose a confidante from tens of thousands of wannabe best pals.

Earlier this



year, Hilton took aim at critics who predicted she'll ditch the winner of the show once filming is over, claiming her search is genuine because she finds it so hard to meet new people.

And she has already proved her detractors wrong — she's started to hang out with her chosen pal and is prepar-

ing the mystery winner for life in the spotlight.

"The person who won is now my best friend. We hang out. Yeah, we're really friends," Hilton says. "We've been having barbecues and hanging out at the house. The winner and I have been pretty low-key so far, because it is top secret right now. In my life you can get photographed at any time. You never know when paparazzi are going to be hiding around the corner. So my friend needs to be paparazzi-ready."

METRO NEWS SERVICES

Baldwin almost ended it all

PEOPLE Actor Alec Baldwin wanted to jump out of the window of his New York apartment after an answering-machine message in which he called his daughter a "thoughtless little pig" was leaked on the Internet, imdb.com reports.

In his autobiography *A Promise to Ourselves: Fatherhood, Divorce and Family Law*, Baldwin describes how he plunged into a sui-

cidal depression when the message to 11-year-old Ireland was revealed to the world.

"She (Ireland) was off for spring break with her mother and

her phone was turned off for 10 consecutive days," Baldwin says. "This had gone on for years now and ... when the beep came, I snapped."

METRO NEWS SERVICES



celebrity brief

Aniston laughs off Mayer heartbreak reports

RELATIONSHIPS Actress Jennifer Aniston has laughed off reports she is devastated about her recent split from rocker John Mayer, insisting she is happy to move on, imdb.com reports.

The former *Friends* star broke up with Mayer in August after several months of dat-

ing.

Mayer has since reportedly moved on and reunited with former love Maria Marin — and tabloids claimed Aniston was heartbroken.

But she is keen to show the public she is content with life as a single woman, and claims she doesn't

mind the media interest in her love life.

"I've been dealing with it (media speculation) for years and it still feels odd," she tells Britain's *Hello!* magazine. "But I'm grateful that the public is still interested in my life and my movies — and I hope that I can justify their interest. People are so kind, ultimately. And I'm happy, so don't worry about me!"

METRO NEWS SERVICES



celebrity brief



Posh's pixie crop a big hit

STYLE Victoria Beckham's new hairstyle has sparked a new hair craze in Britain — thousands are flocking to stylists for her pixie look, femalefirst.co.uk reports.

The former pop star-turned-fashion icon debuted her new short-cropped look last month and it has already become the new must-have for the autumn.

Top stylist Andrew Collinge admits his Selfridges salons in Manchester and London have been inundated with requests for the "Victoria Beckham Pixie Crop."

METRO NEWS SERVICES

celebrity brief

Slim isn't easy for Gwyneth Paltrow

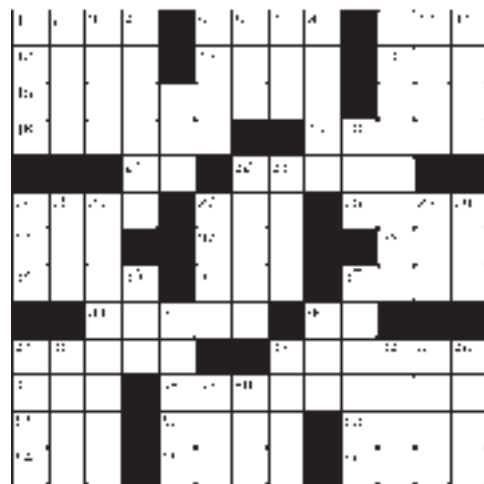
PEOPLE Actress Gwyneth Paltrow makes being svelte look easy, but the actress tells Oprah Winfrey that she finds it nearly impossible to stick to a diet, People.com reports. "I just cannot diet," Paltrow, 35, said. "I think maybe it's the idea that you can't have something ... I just can't do it." Instead of counting calories, the slender Oscar-winner prefers to work up a sweat.

METRO NEWS SERVICES





Take Five



Crossword across

- 1 Pocket bread
- 5 Gentle soul
- 9 Force
- 12 Tel —
- 13 Winglike
- 14 Performance
- 15 Sheik portrayer
- 17 Grazing area
- 18 Main course
- 19 Indigent
- 21 "Why should I care?"
- 22 One of Santa's team
- 24 Donated
- 27 Wrestling surface
- 28 Mounties' org.
- 31 Mideast potentate
- 32 Hearty brew
- 33 Savings-plan acronym
- 34 Unescorted
- 36 Wrigley product
- 37 History
- 38 Singer Minogue
- 40 "That's a laugh!"
- 41 Fashion
- 43 Glum
- 47 Melody
- 48 Ratified
- 51 Oahu souvenir
- 52 Satan's field
- 53 Conked out
- 54 Prior to
- 55 Welsh veggie
- 56 Catch sight of

Crossword down

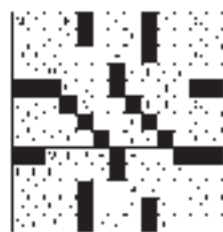
- 1 Macadamize
- 2 Terrible guy?
- 3 Pinball no-no
- 4 Loath (to)
- 5 Tardy
- 6 Will Smith biopic
- 7 Isle of —
- 8 Cheery place?
- 9 Orange variety
- 10 On the rocks
- 11 Obedience-school lesson
- 16 Ultra-modernist
- 20 Always
- 22 Price
- 23 Particular
- 24 Petrol
- 25 Way back when
- 26 Maiden of Odin
- 27 Creche trio
- 29 "— Doubtfire"
- 30 Vanna's colleague
- 35 Olive —
- 37 Procession
- 39 Not bumpy
- 40 Coal carrier
- 41 Garage event
- 42 Layer
- 43 "Got —?"
- 44 Elevator name
- 45 Leak slowly
- 46 Vortex
- 49 St.
- 50 Whopper

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

3				2				
6				9		8	4	
5		8			6			
7	8	9				6		
1								8
			2			1	3	7
				2		4		1
	5	4		8				6
			3					5

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	8	6	9	3	1	2	5	4
2	9	5	6	4	7	3	8	1
1	4	3	8	5	2	6	7	9
4	3	9	2	8	6	7	1	5
8	5	1	3	7	4	9	6	2
6	2	7	1	9	5	8	4	3
3	1	8	4	6	9	5	2	7
9	7	4	5	2	8	1	3	6
5	6	2	7	1	3	4	9	8

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

- Under 13 min Genius
- 13-17 min Scholar
- 17-21 min Smart
- 21-25 min Not bad
- 25+ min Keep practising

Recipe of the day



Celery Root and Spinach Soup

Celery root (celeriac) makes a rich soup with lots of flavour and a creamy texture.

INGREDIENTS:

Cooking spray

1 large onion, thinly sliced

1 garlic clove, crushed

1 celery root (about 1 1/4 lb/625 g), peeled and grated

4 cups (1 L) boiling water

1 reduced-sodium vegetable bouillon cube, crumbled, or

2 tsp (10 mL) vegetable bouillon powder

2 cups (500 mL) washed and trimmed spinach

Pinch of nutmeg

Salt and pepper

Garnish with fresh chives

SERVE 4

Horoscopes AVATAR VENUS

ARIES

MARCH 21-APRIL 20

A misunderstanding might be forgotten. There's a reason to celebrate in spite of turmoil. Your progress is affected by a long conversation.

TAURUS

APRIL 21-MAY 21

A control freak has a dismaying chat. Attend a social event in the company of others. Don't investigate any mysterious behaviour.

LIBRA

SEPT 23-OCT 23

You'll tell people exactly how you feel. You have a talent for dealing with quirks. You'll get insight from offensive situations and people.

SCORPIO

OCT 24-NOV 22

Dreams help you to understand emotional problems. People comment on your moodiness. Your anxiety about promises is misplaced.

GEMINI

MAY 22-JUNE 21

A neutral person becomes involved in a crisis. A relative questions your life choices. A budget crisis will give grief at home.

SAGITTARIUS

NOV 23-DEC 21

A friend will create a temporary disturbance. Simple pleasures produce harmony at home. Someone's cowardice causes unwise behaviour.

CANCER

JUNE 22-JULY 22

Close the door on a poorly behaved person. Take action to restore ethics to business. Do not respond to messages that are less than urgent.

CAPRICORN

DEC 22-JAN 20

Pay attention to a friendly woman. A personality change inspires someone to take charge. Gloating will cause resentment to build.

LEO

JULY 23-AUG 23

An erratic friend causes fresh frustration. Make some thrilling changes possible. A job will take longer than expected.

AQUARIUS

JAN 21-FEB 18

A power play leads to a bonding experience. Give someone a chance to run and hide. Foretell a confrontation by being considerate.

VIRGO

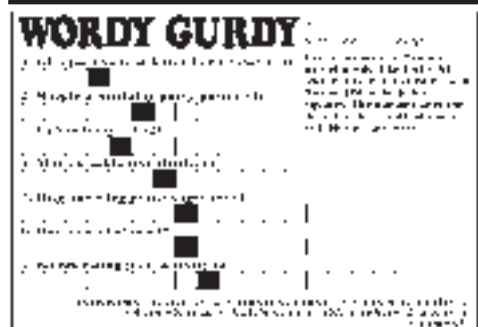
AUG 24-SEPT 22

A sweetheart's coldness results in short-lived pain. A memorable encounter takes place. A flirtation heats up your daydreams.

PISCES

FEB 19-MARCH 20

Karma kicks in and everyone has a good laugh. A man forgot to keep a promise to a woman. A stubborn person gives a warning.



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Today is National Save Your Money Day.

(But that doesn't mean we care any less about the other 364.)

Every day is the day to celebrate Savers, but today we're taking saving to the streets to show ALL Canadians how small, everyday changes can add up to big, lifelong saving habits.

Saving has never been more valuable.

These days many of us are feeling the pinch. Prices are soaring. How do you combat it? You save. Easier said than done? That's what National Save Your Money Day is all about.

We feel so strongly about the importance of growing your savings that today we're going across the entire country, hoping to encourage each and every Canadian to pick up a new saving habit or two.

It's a lifestyle.

Like exercise, or sleeping well, saving is key to staying strong and financially healthy. And like any lifestyle choice, it's the little steps, the new habits that make all the difference. Whether it's making coffee instead of buying it. Or riding a bike instead of driving a car. Savers know that over time, little changes can really add up and help your savings grow.

While the other banks keep your money in their pockets, we'd rather keep the power of saving in your hands.

That power starts today. Take whatever you save today, be it \$1 or \$10 and put it into an ING DIRECT Investment Savings Account. There you'll grow your savings by earning high interest, with no fees, and no minimums.

Visit saveyourmoneyday.ca to find out about other National Save Your Money Day events happening in your city, and find out for yourself what 1.6 million Savers already know— that the power of growing your savings is undeniable.

We hope you have a great National Save Your Money Day!

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